

Updated COVID-19 Guidance 3/5/24

On March 1st, 2024, the CDC issued updated guidelines for COVID -19. According to the CDC's [updated guidance](#), people with respiratory illnesses, including COVID-19 will no longer need to isolate for 5 days before returning to work or school. People with respiratory illnesses may resume normal activities when for at least 24 hours, both are true:

1. Your symptoms are getting better overall, **and**
2. You are fever-free without the use of fever reducing medications.

The CDC recommends that when you go back to your normal activities you take added precaution over the next 5 days. [Please click here for additional guidance](#)

This recommendation addresses the period of greatest transmission and highest viral load for most people, typically within the first few days of illness and when symptoms, including fever, are worst. Effective vaccines for the three most common respiratory illnesses, COVID-19, Influenza, and RSV are now available. Effective treatments for both influenza and COVID-19 exist. It is estimated that 98% of the US population has some immunity to COVID-19 through vaccinations, prior infection, or both.

The CDC continues to endorse prevention strategies when ill such as limiting close contact with others, wearing a mask, improving indoor air quality, and practicing good hygiene such as washing hands and covering coughs and sneezes.

IF YOU HAVE TESTED POSITIVE FOR COVID:

Students DO NOT need to inform the Health Services of their positive test.

Employees who test positive for covid DO need to report this to Cynthia King-LeRoy at kingleroy@siena.edu to be eligible for SLT (supplemental leave time).

CLASS ATTENDANCE FOR COVID-19 POSITIVE INDIVIDUALS:

Students who test positive for COVID-19 should notify each of their faculty if they will need to miss class. As is the case with any illness, students should communicate directly with their faculty members and be prepared to get any materials they need to stay current in their classes.