The Essentials

- Pillows & pillow cases
- Extra-long twin sheets
- Comforter & blanket
- Mattress pad
- Towels & washcloths
- Shower sandals
- Shower caddy
- Personal hygiene products
- Desk lamp
- Pens/pencils
- Notebook
- Scissors, tape, stapler, post-its
- Computer, charger & locking mechanism
- Personal indentation materials (License/I.D.)
- Insurance cards
- Key ring (for your room & post office keys)
- First aid kit
- Any prescriptions you made need (proper label required)

Please Do Not Bring:

- Air conditioner
- Microwaves
- Appliances with exposed heating elements
- Halogen lamps/bulbs
- Candles (with or without wicks)
- Fireworks
- Flammable liquids
- Grills
- Incense
- Extension cords
- Animals/pets

Multiple electrical connectors
Oversized tapestries and other wall coverings
Lofted beds/mattress

If you have questions on whether an item is permitted on campus or not, please call 518-783-2919

Optional but Helpful Items:

- Tissues/paper towels
- Clock Radio/alarm
- Waste basket
- Clothes hangers
- Cleaning supplies
- Thermometer/Sick Day Kit (Medicines you prefer when sick)
- Power strip with surge protector
- Automatic shut-off coffee pot/Keurig
- Automatic shut-off iron & ironing board
- Backpack, calendar, planner
- Rain/snow gear
- Fan
- Batteries for electronics
- Dry erase board & makers