If you have come to help me
you are wasting my time...

But if you have come because
your liberation is so bound up with mine,
Then let us work together.

I spent my mornings “working” with these kids. Samuel (on
my lap) has cerebral palsy and each morning we did stretching
exercises with him to keep him loose. I spent much of the rest of the morning playing
with the kids, picking up sticks, “gerfink,” and coloring with Esther (8) and Nancy (1).
My afternoons were spent with Andrea. Andrea is 22 years old and has Down Syndrome. We spent a lot of afternoons cooking, playing, pick-up sticks and volleyball and laughing! While I was with Andrea, my friend Paul tutored her brother, Teran, who was blind and so, their mother could go to a women's literacy class at a nearby horse.

On Tuesday and Thursday evenings, we taught several of the local adults English as a second language. Claudia, another volunteer from Germany, and I worked with Lucio. Teaching ESL was a wonderful opportunity to spend some time with some adults and also to learn about Mexican politics and customs.