Oaxaca, Mexico

Here is a picture of the zocalo or city park in Oaxaca. Volunteers met at the zocalo daily to discuss the work at their work sites and to reflect about the meaning of their service.

Here is a picture of the family I volunteered with during my stay in Oaxaca (Right to Left: Samuel, Esther, Maria, & Nancy). Missy and I helped Esther with physical rehabilitation exercises and helped Samuel with range of motion exercises. Esther and Samuel helped us by teaching us the true meaning of volunteering.

John Novak
During my stay in Oaxaca I also visited a home for the elderly and found that the elderly in Oaxaca were treated with respect and dignity.

Here is another family we worked with in Oaxaca. Tanya and her sister were two children from a single-parent family that we watched and played with while their mother worked. Tanya and her brothers and sisters met us with hugs everyday and made us smile and laugh. The children and people of Oaxaca will always remind me of the true priorities of life.